OPTION A

(May be read on one's behalf.)

## אֱלֹהַי וֵאלֹהֵי אֲבוֹתֵי וְאִמּוֹתַי,

Elohai v'Elohei avotai v'imotai,

My God and God of all who have gone before me,

Author of life and death, I turn to You in trust.

Although I pray for life and health,

I know that I am mortal.

If my life must soon come to an end,

let me die, I pray, at peace.

If only my hands were clean and my heart pure!

I confess that I have committed sins and left much undone,

yet I know also the good that I did or tried to do.

May my acts of goodness give meaning to my life, and may my errors be forgiven.

Protector of the bereaved and the helpless,

watch over my loved ones.

Into Your hand I commit my spirit;

redeem it, O God of mercy and truth.

## ּיָיָ מֶלֶדְ, יְיָ מָלֶדְ, יְיִ יִמְלֹדְ לְעוֹלָם וָעֶד.

Adonai melech; Adonai malach; Adonai yimloch l'olam va-ed. God reigns; God has reigned; God will reign forever and ever.

Baruch shem kavod malchuto l'olam va-ed.

Blessed be God's name whose glorious dominion is forever and ever.

יָיָ הוּא הָאֱלֹהִים.

Adonai — hu haElohim.

Adonai is God.

שְׁמַע, יִשְּׂרָאֵל, יִי אֱלֹהֵבוּ, יִי אֶחָדוּ

Sh'ma, Yisrael: Adonai Eloheinu, Adonai echad!

Hear, O Israel, Adonai is our God, Adonai is One!