

# Contents

*Spiritual needs have a great range. We may need to invoke Awe, seek some clarity of feeling, question God or in some other way nourish a yearning that may often seem wordless. This Table of Contents reflects a range of life circumstances in which are embedded spiritual response. You may find that a prayer outside of your own circumstances articulates something about your own spiritual need nonetheless. We encourage you to engage this Table of Contents for both its listing of specific prayers and to explore where a prayer that might otherwise appear unrelated to you can respond to your spiritual need. We hope that this kind of spiritual empathic stretch will bring us all closer to one another.*

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**Note:** Some of the readings end with the word “amen”. “Amen” is potent in our tradition in part because it typically underscores a communal affirmation that the words uttered are embedded with a spiritual desire for Divine consideration. “Amen” appears here in both those readings in which the piece itself inherently assumes a group may be present, and where it reflects the author’s stylistic consideration. However, “amen” can be an appropriate response to any of the readings should the private reader desire.