Contents

Acknowledgments	v
Foreword: My Heart Is in the East	ix
Excerpts on Israel from the CCAR Platfo	rms xii
Introduction	
1. Prayers before Leaving for Israel	5
At a Congregational Service Meditation for a Group Meditation for an Individual	5 5 6
Shabbat Service prior to the Trip <i>Mi Shebeirach</i> on Behalf of One Tra <i>Mi Shebeirach</i> Recited by the Travel	•
<i>T'filat HaDerech —</i> The Traveler's Praye	er 8
At the Time of Departure For a Trip to Israel For Individuals, Families, and Congre Israel for the First Time For Annual or Frequent Travelers to	10
2. Prayers upon Arriving in Israel	13
Upon First Setting Foot in Israel	13
Meditation for a Group	14
Before Retiring on a First Night in Israe	el 15
3. Prayers and Readings for Visiting Sp	pecial Sites 16
Jerusalem Upon Seeing Jerusalem for the First Upon Entering the Old City	16 Time 16 19

۲

۲

Contents

۲

	The Kotel and Robinson's Arch Har Herzl Upon Exiting Yad Vashem	19 24 28
	Tel Aviv Rabin Square or the Rabin Museum Independence Hall	31 33 34
	Caesarea	35
	Tzfat	35
	The Kinneret	36
	The Dead Sea	38
	Ein Gedi	38
	For Other Bodies of Water A Spring-Fed Stream The Mediterranean Sea or the Gulf of Aqaba/Eilat	39 39 39
	For Mountains	40
	Masada	41
4.	Prayers for Unique Moments in Israel	44
	When Planting a Tree in Israel Tree Planting Prayer	44 44
	When Visiting Kibbutzim or Other Agricultural Settlements	45
	Where a Miracle Occurred	46
	Where Idolatry Was Uprooted	46
	When Visiting a Grave	47
	At a Historic Synagogue	48
	At an Archaeological Site, Museum, or Display of Antiquities	49

۲

Contents

۲

۲

۲

	When Standing at or Crossing the Borders of the State of Israel	51
	For Participating in Acts of Social Justice	52
	Prayers for the State of Israel and the Israel Defense Forces For the State of Israel For the Israel Defense Forces For Israeli Soldiers or Civilians Being Held Captive	53 53 54 55
5.	Prayers for Specific Occasions	57
	For <i>B'nei Mitzvah</i> Ceremonies in Israel Recited by Parents Celebrating a Child's Becoming Bar/Bat Mitzvah in Israel <i>Mi Shebeirach</i> for a Bar/Bat Mitzvah in Israel Recited by a Bar/Bat Mitzvah in Israel Recited by a Bar/Bat Mitzvah at a Synagogue in Israel	57 57 58 58 59
	For Dedicating Resources in Israel	60
	For Attending a Convention in Israel	61
	Readings for Peace and Fellowship Interfaith Prayers for Peace	62 65
6.	Prayers upon Leaving Israel	68
7.	Prayers upon Returning Home	70
8.	Blessings before and after Eating	72
	Blessings for the Seven Species of the Land of Israel For Fruit (grapes, figs, pomegranates, olives, and dates) For Wine or Grape Juice For Bread Birkat HaMazon: Blessing after Eating—Short Form On Shabbat and Holidays	72 73 73 73 74 74
	to and	, ,

xv

۲

Contents

7/19/12 5:14 PM

۲

All Days	75
On Shabbat	78
On Yom Tov	78
All Days	79
9. Havdalah	80
The Wine or Grape Juice	81
The Spices	81
The Light	82
The Blessing of Separation	82
10. Songs of Israel	84
Afterword	91
Finding a Reform Congregation in Israel	92
Sources	94

۲

۲

۲

7/19/12 5:14 PM