

Contents

Foreword to the Second Edition	vii
Foreword to the First Edition	ix
Introduction	xiii
Acknowledgments	xiv
The Cycle of the Jewish Year	3
The Jewish Calendar by Rabbi Alexander Guttman	5
Every Day	10
<i>Part 1: HOLIDAYS</i>	
Shabbat	11
The Days of Awe (<i>Yamim Noraim</i>)	27
<i>Rosh HaShanah</i>	28
<i>Aseret Y'mei T'shuvah</i> (The Ten Days of Repentance)	36
<i>Yom Kippur</i>	38
The Pilgrimage Festivals (<i>Shalosh R'galim</i>)	45
<i>Pesach</i>	50
<i>Shavuot</i>	61
<i>Sukkot</i> (including <i>Sh'mini Atzeret-Simchat Torah</i>)	64
Chanukah and Purim	71
<i>Chanukah</i>	72
<i>Purim</i>	76
Other Special Days	81
<i>Rosh Chodesh</i> (New Month)	82
<i>Yom HaShoah</i> (Holocaust Remembrance Day)	83
<i>Yom HaZikaron</i> (Israel Memorial Day)	84
<i>Yom HaAtzma-ut</i> (Israel Independence Day)	85
<i>Tishah B'Av</i> (The Ninth of Av)	86
<i>Tu BiSh'vat</i>	86

Part 2: ESSAYS

What Is a Mitzvah?	90
Hidur Mitzvah: The Aesthetics of Mitzvot	107
Approaching the High Holy Days by Rabbi Elaine Zecher	110
The Festival and Holy Day Liturgy of <i>Mishkan T'filah</i> by Rabbi Joel Sisenwine	115
Yizkor	120
Fasting on Yom Kippur	123
Shabbat as Protest by Rabbi W. Gunther Plaut	124
<i>M'nuchah</i> and <i>M'lachah</i> : On Observing the Sabbath in Reform Judaism by Rabbi Mark Washofsky, Ph.D.	126
Technology and Sacred Time by Rabbi Lisa J. Grushcow, D.Phil.	130
Holiness, Mitzvot, and Justice in Jewish Time by Rabbi Jonah Pesner	135
The People of the Food by Tina Wasserman	141
Eating Our Values by Rabbi Mary L. Zamore	145
Passover Kashrut: A Reform Approach by Rabbi Mary L. Zamore	153
The Journey to Judaism: Choosing Judaism, Choosing Mitzvot by Rabbi Judith Schindler	157
Tzedakah	162
Notes	165
Glossary	192
The Classic Texts of Judaism	211
For Further Reading	214
Index	217