

WEEK ONE: DECIDE



Live your life as if it were a command, an imperative from some great and mighty force that demands that your time and attention not be squandered. This is what is called living fearlessly, for shallowness, apathy, and boredom take over our lives when we become meek and forgetful.

So remember, you were born for greatness, and the world is in desperate need of your loving attention.

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ  
בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר.

*Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu  
b'mitzvotav v'tzivanu al s'firat haomer.*

Praised be You, Adonai our God, who rules the universe,  
instilling within us the holiness of mitzvot by commanding us  
to count the Omer.

Today is the fifth day of the Omer.