Shabbat Morning I

Welcome Modeh / Modah Ani

Shabbat Songs

Tzitzit

Mah Tovu

Asher Yatzar

Elohai N'shamah

Nisim B'chol Yom

Laasok

V haarev Na

Eilu D'varim

Kaddish D'Rabanan

WE SEEKERS of God, how do we find You? In good deeds and in the study of Torah. And Your search for us? You find us in the bending of the knee, in the rigor of study, in the honesty of commerce, through a good heart, through decency, in respect, true fellowship, companionship and love, through truth and peace, in the No that is really No, and the Yes that is really Yes. ַבָּרוּדְ אַתָּה, יִיָ, הַמִלַמֵּד תּוֹרָה לִעַמּוֹ יִשִׂרָאֵל. Baruch atah, Adonai, ham'lameid Torah l'amo Yisrael.

FROM THE COWARDICE that shrinks from new truth, from the laziness that is content with half-truths, from the arrogance that thinks it knows all truth, O God of truth, deliver us. Blessed is Adonai, Teacher of Torah to Your people Israel.

בַּרוּך אַתַּה, יַיָ, הַמִלַמֵּד תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל. Baruch atah, Adonai, ham'lameid Torah l'amo Yisrael.

Six Torah episodes are to be remembered each day, to refine our direction:

יציאת מצרים Ytziat Mitzrayim: Recall the Exodus from Egypt — depart from whatever enslaves. עמלק *Amalek:* Recall Amalek who attacked from behind — be on guard against evil.

מְעֵמָד הָר סִינֵי Maamad Har Sinai: Recall standing at Sinai — make Torah part of your daily life.

מַעֵשָׂה אָגָל הַזָּהָב Maaseh Eigel HaZahav: Recall the Golden Calf — keep material desires in check and be wary of heresy.

אָרָח Korach: Recall Korach's rebellion — prevent ego from misleading and destroying your way.

שׁבָת Shabbat: Recall the first gift, Shabbat — welcome Shabbat holiness each week.

Whether modern Jews believe that it is actually the word of God or some distillation of numerous ancient texts, Torah — the study of it, the interpretation of it, the struggle with it — is what committed Jews continue to base their faith upon. No moment in a Jew's life — not a brit milah, not a sunset, not the descent into death itself — is without its accompanying text, which in turn has its ultimate basis in the original text itself, the Torah. Adam Sol

We seekers of God . . . adapted from Seder Eliyahu Rabba 23

BARUCH atah, Adonai Eloheinu, Melech haolam asher kid'shanu b'mitzvotav v'tzivanu laasok b'divrei Torah.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe, who hallows us with mitzvot, commanding us to engage with words of Torah.

V'HAAREV NA Adonai Eloheinu

et divrei Torat-cha b'finu, uv'fi amcha beit Yisrael, v'nih'yeh anachnu v'tze-etza-einu, v'tze-etza-ei amcha beit Yisrael, kulanu yodei sh'mecha, v'lomdei Toratecha lish'mah. Baruch atah, Adonai, ham'lameid Torah l'amo Yisrael.

O ADONAL, our God,

let the words of Torah be sweet in our mouths and the mouths of Your people Israel, so that we, our descendants and the descendants of all Your people Israel may know You, by studying Your Torah for its own sake. Blessed are You, Adonai, who teaches Torah to Your people Israel.

> ַבָּרוּדְ אַתָּה, יִיָ, הַמִלַמֵּד תּוֹרָה לִעַמּוֹ יִשְׂרָאֵל. Baruch atah, Adonai, ham'lameid Torah l'amo Yisrael.

"Descendants" includes men and women who embrace the Jewish people and faith.

The two blessings above (derived from B'rachot 11b) are both Torah blessings and introduce the study which follows on pages 205, 207, 209, and 211.

Laasok ... to engage ... לעסוק Eilu d'varim ... These are things ... The traditional placement of these prayers differs. Here they are linked to emphasize the study of Torah and its influence on our daily ethical behavior.

Shabbat Morning I

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בּרוּכִים הַבָּאִים
מוֹדֶה / מוֹדָה אֲנִי
       שִׁירֵי שֵׁבָּת
               ציצת
           מה־טֹבוּ
         אַשֶׁר יַצַר
      אֱלֹהֵי נְשָׁמָה
  נִסִּים בְּכָל יוֹם
             לַעַסוֹק
         <u>וַהַעַרָב⁻נָא</u>
       אֵלּוּ דְבָרִים
      קַדִּישׁ דְרַבָּנָן
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ברוד אַתַּה, יִיָ אֵלהֵינוּ, מֵלֵדְ הָעוֹלָם, אַשֵׁר קִדְּשָׁנוּ בִּמִצוֹתָיו וִצְנַנּוּ לַעֵּסוֹק בִּדְבְרֵי תוֹרָה.

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<u>הַעֵרֵב־נָא יִיָ א</u>ֱלֹהֵינוּ
       אֶת־דָּבְרֵי תוֹרַתָּדְ בְּפֵינוּ,
       וּבִפִּי עַמִּדְ בֵּית יִשְׂרָאֵל,
        וְנִהְיֵה אֲנַחָנוּ וְצֶאֱצָאֵינוּ,
  ּוְצֶאֱצָאֵי עַמִּדְ בֵּית יִשְׂרָאֵל,
                כַּלַנוּ יוֹדָעֵי שְׁמֵךָ,
        וַלוֹמִדֵי תוֹרָתֵּדְ לִשְׁמָהַ.
                    בָּרוּךָ אַתָּה יִיָ,
הַמְלַמֵּד תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל.
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