

קַבְּלַת שַׁבָּת

KABBALAT SHABBAT — WELCOMING SHABBAT

This section, until Shalom Aleichem on page 20, does not offer alternative readings.

PSALM 95:1-7

L'CHU n'ran'na l'Adonai,
nariyah l'tzur yisheinu.
N'kadmah fanav b'todah,
bizmirot naria lo.

Ki El gadol Adonai,
uMelech gadol al kol elohim.
Asher b'yado mech'krei aretz,
v'to-afot harim lo.
Asher lo hayam v'hu asahu,
v'yabeshet yadav yatzaru.

Bo-u nishtachaveh v'nichraah,
nivr'cha lifnei Adonai oseinu.
Ki hu Eloheinu,
vaanachnu am marito v'tzon yado.

Hayom im b'kolo tishma-u.

לְכוּ נִרְנְנָה לַיהוָה,
נְרִיעָה לְצוּר יִשְׁעֵינוּ.
נִקְדְּמָה פְּנֵינוּ בְּתוֹדָה,
בְּזִמְרוֹת נְרִיעֵ לּוֹ.

כִּי אֵל גָּדוֹל יְיָ,
וּמֶלֶךְ גָּדוֹל עַל־כָּל־אֱלֹהִים.
אֲשֶׁר בְּיָדוֹ מַחְקְרֵי־אֶרֶץ,
וְתוֹעֲפוֹת הַרִים לּוֹ.
אֲשֶׁר־לוֹ הַיָּם וְהוּא עֹשֶׂהוּ,
וַיַּבֶּשֶׁת יָדָיו יָצָרוּ.

בָּאוּ נִשְׁתַּחֲוֶה וְנִכְרַעָה
נִבְרַכָּה לְפָנֵי־יְיָ עֲשֵׂנוּ.
כִּי־הוּא אֱלֹהֵינוּ,
וְאִנְחָנוּ עִם מְרֵעִיתוֹ וְצֵאן יְדוֹ,

הַיּוֹם אִם־בְּקוֹלוֹ תִשְׁמְעוּ.

COME, LET US SING joyously to Adonai,
raise a shout for our Rock and Deliverer;
let us come into God's presence with praise;
let us raise a shout for God in song!
For Adonai is a great God,
the great ruler of all divine beings.

קַבְּלַת שַׁבָּת *Kabbalat Shabbat*, “Welcoming Shabbat,” is one of the ritual innovations of the circle of Kabbalists (Jewish mystics) who gathered around Rabbi Isaac Luria in sixteenth-century Safed in the Land of Israel.

Psalms 95–99, 29 — This cycle of six psalms, representing the six days of creation, enjoins all creation to sing out the praises of God. God's creative power is revealed in the world around us; God's sovereignty is over all nature and all nations.

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שלום עליכם