תְּפָלָה *T'FILAH* OUR PRAYER

Contractions of the Heart

Today we thank You, God, for sabbath rest.
We thank You for lazy mornings and good books.
We thank You for laughter and time to play.
We thank You for dinners with our families and cookies with our friends.
We thank You for Sabbath song and celebration.
Blessed are you, Adonai, who makes the Sabbath holy.

From Mishkan T'filah for Children: A Siddur for Families and Schools for Grades K-2.
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K'dushat HaYom קְּדֻשַׁת הַיּוֹם This Holy Day

תְּפִלָּה *T'FILAH* OUR PRAYER

בְּרוּךְ אַתָּה, יְיָ, מְקַדֵּשׁ הַשַּׁבָּת. Baruch atah, Adonai, m'kadeish HaShabbat. Baruch atah, Adonai, who makes Shabbat holy.

